# **Utah Valley University**

# **Unofficial Academic Transcript**

(1)This is not an official transcript. Courses which are in progress may also be included on this transcript.

# Transcript Data

### STUDENT INFORMATION

Name

Keoni Kamuela Miles

### Current Program

### Bachelor of Social Work

College Coll Humanities and Social Sci Major and Department

Social Work, Social & Behavioral Sciences

#### Secondary

### Associate in Science

College Coll Humanities and Social Sci

Major and Department Humanities and Social Sciences, Communication

### INSTITUTION CREDIT

### Term: 2024 Summer

# Academic Standing

# Good Standing

Subject	Course	Campus	Level	Title		Grade	Credit Hours	Quality Points	R	
ENGH	1005	false	UG	Lit and Com	p Across Context CC	А	5.000	20.00		
MAT	1035	false	UG	Quant Reas	oning w/Algebra QL	А	6.000	24.00		
Term Tota Current T Cumulativ	erm	Attempt Hours 11.000 11.000	11.	sed Hours 000 000	Earned Hours 11.000 11.000	GPA Hour: 11.000 11.000	5	Quality Poir 44.00 44.00	nts	GPA 4.00 4.00

### Term: 2024 Fall

Academic Standing

### Good Standing

Additional Standing

### Dean's List

Subject	Course	Campus	Level	Title		Grade	Credit Hours	Quality R Points	
BIOL	1010	false	UG	General Bio	logy BB	A	3.000	12.00	
MUSC	1010	false	UG	Introductior	n to Music FF	А	3.000	12.00	
POLS	1000	false	UG	American H	eritage AS	А	3.000	12.00	
PSY	1010	false	UG	General Psy	chology SS	А	3.000	12.00	
Term Tota Current T Cumulati	Term	Attempt Hours 12.000 23.000	12	ssed Hours .000 .000	Earned Hours 12.000 23.000	GPA Hou 12.000 23.000	rs	Quality Points 48.00 92.00	GPA 4.00 4.00

### TRANSCRIPT TOTALS

Transcript Totals (Undergraduate)	Attempt Hours	Passed Hours	Earned Hours	GPA Hours	Quality Points	GPA
Total Institution	23.000	23.000	23.000	23.000	92.00	4.00
Total Transfer	0.000	0.000	0.000	0.000	0.00	0.00
Overall	23.000	23.000	23.000	23.00	92.00	4.00

### COURSE(S) IN PROGRESS

### Term: 2025 Spring

Subject	Course	Level	Title	Credit Hours

ENGL	2010	UG	Intermæl000 Academic Writing CC
GEO	1010	UG	Introdu <b>ĉtឈ0</b> to Geology PP
PSY	1100	UG	Human3.000 Development Life Span SS
SW	1010	UG	Introdu <b>ĉtឈ0</b> to Social Work



February 17, 2025

RE: Keoni Miles, FindRehab.org Scholarship

Dear Members of the FindRehab.org Scholarship Committee,

I am writing to offer my enthusiastic and wholehearted recommendation for Keoni Miles as a candidate for the FindRehab.org Scholarship. As an Associate Professor of Social Work at Utah Valley University, I have had the privilege of working closely with Keoni, and I can confidently say he is an exceptional student.

Keoni is a resilient, compassionate, and deeply committed individual who has not only demonstrated outstanding academic achievements but has also shown incredible personal growth. His journey has been one of perseverance and transformation, and his experiences have profoundly shaped his desire to help others who are facing their own challenges.

Keoni's time working with organizations such as Odyssey House, St. Vincent de Paul, and the Utah Foodbank speaks volumes about his dedication to serving individuals in need. As an Odyssey House graduate with 17 months of sobriety, Keoni has firsthand knowledge of the struggles that those recovering from addiction face, and he is uniquely equipped to offer empathy, support, and practical assistance. His experiences make him an invaluable asset to the social work field, and he is eager to continue his education in order to make a meaningful impact on those suffering from addiction and related issues.

I am confident that Keoni will excel in his academic and professional pursuits, and I wholeheartedly support his application for the FindRehab.org Scholarship. His passion for social work, combined with his personal resilience and commitment to helping others, makes him a perfect candidate for this opportunity. I am certain that Keoni will continue to demonstrate the same determination, empathy, and excellence that he has shown throughout his academic career.

Please feel free to contact me if you require any additional information. I am confident that Keoni will be an outstanding recipient of your scholarship, and I offer my highest recommendation.

Sincerely,

Alan Misbach

Alan Misbach, LCSW Associate Professor of Social Work alan.misbach@uvu.edu

Social Work | Utah Valley University | 800 West University Parkway, Orem, UT 84058 | 801.863.6377



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Keoni Miles

February 25, 2025

Essay

#### The Brand New Me

My life has drastically changed from what it was a year ago. I had been released from residential treatment at Odyssey House and moved into sober living at Pivot Point with nothing but the clothes on my back. Looking back at that moment is where my journey started. I had found a new sense of purpose. I wanted to show people who still struggle with addiction that anything can be accomplished with determination and perseverance. Before Odyssey, I was a complete shell of a man. I was living life by every hour. I felt as if my tank was empty and there was nothing else worth living for. One fateful day, I was given the choice to either go back to jail for the unforeseeable future or I could detox at a mental health facility. Without hesitation, I chose the latter of the two options. My entire world was turned upside down with my time in detox. I met the most compassionate people who genuinely cared about my well-being. These people inspired me to go to rehab and get myself together. As I left their facility, I kept thinking about how pleasant they were, and I was driven to do my best from there on out. I had a new agenda and new goals on my mind: get sober, stay sober, and help those who are struggling with addiction. I want to help because I know the pain and suffering. I want to be the light for those who are lost.

I have realized I cannot help others unless I have helped myself. I focused on finding myself and wanted to know the real Keoni. I mercilessly put my sobriety at the top of my

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priority list. I attended countless AA meetings and worked all twelve steps. I attended an intensive outpatient program at Odyssey House for 20 hours weekly. With these months of vigorous treatment, I have reached a clear conclusion about myself. My passion has always been compassion. I have hidden that part of me in shame for too long. At this point, I decided to become a Licensed Clinical Social Worker. I realized that this path is by no means quick or easy. But I like challenges. Many others were inspired to follow me when I revealed my intentions to the group therapy sessions I attended. Most did not want to go through all the intensive work I had laid ahead of me. Instead, they settled to become certified peer support specialists. Many of them are still working in recovery because of the path I have set for myself. As an Odyssey House Graduate, I can sit in groups (residential or outpatient) when I like. I always attend groups to show people that there is another way. If they stay on this path, then success is obtainable, whatever that success may look like for them.

I have been very transparent with the staff at Odyssey House. I tell them that I want nothing more than to work for Odyssey. In my social work class this semester, it is a requirement that I volunteer at least twenty hours to a company involved with social work. I got ahold of Odyssey and am currently doing my assignment there. The staff there is just phenomenal. They are mentoring me on what it takes to be an LCSW. I have seen the unique styles and methods that they use during groups. I want to fine-tune these methods into my own one day. All these people who have taken me under their wing share a common trait. This trait, of course, is compassion. They all have such a big heart and genuinely care about the level of treatment that all clients need. They brainstorm and produce realistic solutions to tailor a personalized treatment plan for each client. This is precisely what I want to do upon graduating with an MSW. I am only in my second year now, but I am still as determined as I was from day one. I will achieve my goals, be the light, and be the change.

I will apply for the Substance Use Disorder Counselor and Bachelor of Social Work programs during the fall semester. I want to gain all the knowledge and experience I need before fully embracing an occupation in social work. Both programs offer internship programs, where I will gain even more social work experience. Of course, I hope I get to choose where I can do my internship because I would like nothing more than to do it for Odyssey House. I was prone to respecting the staff who had gone through addiction a little more than those who hadn't. This is another reason I have chosen this path. I want to beat statistics and help others beat those statistics as well. All I can do now is hit the books hard and maintain my 4.0 GPA. All good things come to those who are patient. I know my time will come to be fully embodied in the work of an LCSW. As of now, I am 520 days sober and still going strong.