

In December 2004 after 10 years of heavy drug use and hitting a spiritual, emotional, mental, and physical rock bottom, I had a moment of clarity while sitting in jail. From that moment I have completely turned my life around with the help of my community and the Narcotics Anonymous (NA) program. I am forever grateful for the Na and my sponsor. Today I serve NA by being a sponsor, meeting, and committee representative. This program has had a huge impact on my life as it has taught me a new way to live which I can share with others and lead by example.

I am in my second term at Southern Oregon University and have maintained a 3.7-grade point average. I am an excellent student; I am excited to say that I love school. I chose Southern Oregon University because it is in the same town I live in, and I love to be a part of my community. I have had the best support from Southern Oregon University since I started there. I am planning on getting a bachelor's degree in psychology and possibly continuing on to get a Master's Degree in Social Work or psychology. I have worked in many jobs over the years as a corporate customer service representative and know that I have gained many great communication and organizational skills. I worked as a childcare provider for seven years when my children were young which gave me a more holistic perspective regarding family dynamics and children's needs. I am loving, caring, trustworthy, empathetic, and a great listener. I am also raising a teenage girl and that has been challenging at times. I have gotten to know a lot of children and teenagers over the past ten years. Teenagers today are going through a very complex time in their lives, very different from mine. I have seen many parents that are unavailable for their children for many different reasons and teenagers who don't talk to their parents because of fear. Many of these teenagers are going through the same things I did. I have a life experience that has made it very easy for me to relate to children and teenagers. I have also

done the work to build a strong bond with my children to meet them where they are socially and emotionally to allow them to feel safe and build trust. They talk to me about important elements of their lives such as self-worth, study habits, socializing, sex, and their future.

Scholarships will help me provide things like tutoring, art class, clothing, and food for my family so I can focus on school and not have to work. I would like to be an advocate for the children and teenagers in my community. I would like to be a safe person they can connect with, help them get services they can benefit from, build relationships with them, and find out what they need to become successful and confident. I plan on transferring to Southern Oregon University as a junior to get a bachelor's degree. Hopefully, my degree will help me to get a job with an organization that works with children and teenagers.

I think my major is very important in today's society because children and teenagers are going through so much, such as they are being bombarded with complex, often unreliable information faster than any other generation that has preceded them, making it even more important for them to feel safe, knowing they can trust the people around them. The world can be a very challenging and often unforgiving place, maybe now more than ever before.

I am an excellent candidate for a scholarship because I am driven to make a difference in my community where it is needed. I have had thirty years of life experience which makes me an exceptional choice for the career I am pursuing. I want to help a generation of youth become the best possible version of themselves. A scholarship will allow me to focus completely on my education, family, and myself. Thank you for taking the time to read my essay and I am honored to be considered.

To Whom It May Concern,

I am writing to recommend Kate Elizabeth as a recipient of your organization's scholarship. I have known Kate as a successful and engaged student in my Fall 2024 Writing 185, Academic Writing Workshop, course at Southern Oregon University. In class, Kate was always prepared and excited to participate in activities. What struck me the most, however, was Kate's interest and critical engagement in discussing academic writing. Kate was the first to answer any questions about writing choices and strategies.

In class, Kate demonstrated an enthusiasm for learning and a strong work ethic, signaling that Kate will make the most out of all scholarship opportunities. Kate turned in work early, work that exceeded the requirements of the class. Kate was also one of the few students in class who asked for additional resources on editing academic writing to help improve her writing on her own.

In class and conversations, I learned that Kate has clear goals for her education and career. She plans to major in psychology and use this degree to continue her work helping the community of Southern Oregon, where she has already contributed to organizations such as Rogue Food Unites.

I am excited to recommend Kate for your scholarship, and I am happy to answer any further questions.

Sincerely,
Dr. Anne-Marie Pedersen
Writing and Seminar Instructor, Southern Oregon University
pedersena@sou.edu

StudentNo:940532954 DateIssued:06-JAN-2025

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Recordof:KateElizabeth UNOFFICIAL Page: 1

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MEDFORD,OR97501

IssuedTo:

SUBJ NO. COURSETITLE CREDGRD PTSR

CourseLevel:Undergraduate

HighSchool:LOSGATOSHIGHSCHOOL01-AUG-1993 TransferInformationcontinued

CurrentProgram HE LDT HE145StressMgmtHealthyLiv 1.00A

Major:Psychology PSY 202 GeneralPsychology 4.00A

PSY 369 *LDHumanSexuality 3.00A

Secondary PSY LDT PSY219IntroAbnormalPsych 4.00A

Major:GenderSexualityWomen sSt Ehrs: 12.00GPA-Hrs: 12.00QPts: 48.00GPA: 4.00

SUBJ NO. COURSETITLE CREDGRD PTSRF24 ROGUECOMMUNITYCOLLEGEOR

ED 240 WholeChildDevelopment 3.00A

TRANSFERCREDITACCEPTEDBYTHEINSTITUTION: Ehrs: 3.00GPA-Hrs: 3.00QPts:
12.00GPA: 4.00

W23 ROGUECOMMUNITYCOLLEGEOR INSTITUTIONCREDIT:

HE 275 Health&SocietyII 3.00A Fall2024

WR 121Z CompositionI 4.00A Psychology

Ehrs: 7.00GPA-Hrs: 7.00QPts: 28.00GPA: 4.00 PSY 211 ThePsychologyMajor 2.00A 8.00

PSY 351 BehavioralNeuroscience 4.00B+ 13.20

Sp23 ROGUECOMMUNITYCOLLEGEOR SAS 199 TRIOScholarshipWriting 1.00A 4.00

WR 185 AcademicWorkshop:Read&Writ 2.00A 8.00

COMM111Z PublicSpeaking 4.00A Ehrs: 9.00GPA-Hrs:9.00 QPts: 33.20GPA: 3.68

STAT243Z ElementaryStatisticsI 5.00A GoodStanding

WR 122Z CompositionII 4.00A

Ehrs: 13.00GPA-Hrs: 13.00QPts: 52.00GPA: 4.00 Winter2025

INPROGRESSWORK

F23 ROGUECOMMUNITYCOLLEGEOR CCJ 231 IntroductiontoCriminology
4.00INPROGRESS

MUS 202 MusicoftheWorld 4.00INPROGRESS

BI 101 GeneralBiology:Cells 4.00C PSY 225 MethodsandStatistics 4.00 INPROGRESS

HE 325 *LDNutrition 4.00B PSY 225L StatisticsLab 1.00INPROGRESS

PSY LDT PSY228PositivePsychology 4.00A InProgressCredits 13.00

Ehrs: 12.00GPA-Hrs: 12.00QPts: 36.00GPA: 3.00 *****

TRANSCRIPTTOTALS*****

EarnedHrs GPAHrs Points GPA

W24 ROGUECOMMUNITYCOLLEGEOR TOTALINSTITUTION 9.00 9.00 33.20 3.68

BI 102 GenBiology:Organisms 4.00A TOTALTRANSFER 55.00 55.00 208.00 3.78

PSY 201 GeneralPsychology 4.00A

Ehrs: 8.00GPA-Hrs: 8.00QPts: 32.00GPA: 4.00 OVERALL 64.00 64.00 241.20 3.76

*****ENDOFTRANSCRIPT*****

Sp24 ROGUECOMMUNITYCOLLEGEOR

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